

# The LINK

December 2018



## "Just-so-you-know!"...

LINX is now accepting donations for our Hearts & Heroes Silent Auction! If you would like to donate or if you would like tickets to this heartwarming event, please contact Laurie Savill at [linxadmin@linxconnect.ca](mailto:linxadmin@linxconnect.ca) (780)980-9423 ext 223 or Katie Presse at [linxinfo@linxconnect.ca](mailto:linxinfo@linxconnect.ca) (780)980- 9423 ext 220

For more information, check out our Facebook page at <https://www.facebook.com/linxconnect>

**Executive Director** Nicole Fuhsel  
Email: [linxexec@linxconnect.ca](mailto:linxexec@linxconnect.ca),  
Emergency cell 587~989~5691  
**Residential Manager** Ronni DeLeavey  
Email: [linxres@linxconnect.ca](mailto:linxres@linxconnect.ca)  
Emergency cell 780~935~2772  
**Day Program Manager** Andrew Giebelhaus  
Email: [linxday@linxconnect.ca](mailto:linxday@linxconnect.ca)  
**Business Manager** Laurie Savill  
Email: [linxadmin@linxconnect.ca](mailto:linxadmin@linxconnect.ca)  
**Office Assistant** Katie Presse  
Email: [linxinfo@linxconnect.ca](mailto:linxinfo@linxconnect.ca)

**Dates to remember:**  
Dec 24-26-Office Closed,



**Board Members**  
Ed Boender – Chairperson  
Daniel Roberts – Vice Chairperson  
Maria Semrau – Treasurer  
Susan Boyle – Secretary  
Annis Mattiussi – Director  
Ann Kurlovich – Director  
Felicia Andrews – Director  
Melanie Behm – Director  
Brandon Sonnenberg – Director  
Ryan McKinney – Client Rep

**LINX Bottle Pick-Up**  
Give us a call, and we will pick up your bottles and give you a charitable tax receipt for your donation!



You can now safely donate to LINX online at [www.linx.ngo](http://www.linx.ngo)



Boys & Girls Club  
of Leduc

Come see LINX at the Leduc Festival of Trees!

Saturday, December 8<sup>th</sup> 10:00am-5:00pm & Sunday, December 9<sup>th</sup> 10:00am-4:00pm at the Leduc Recreation Centre! Our Personal Ventures Class will have their hard work available for purchase, just in time for Christmas! Toonie entry – all proceeds benefit The Boys & Girls Club of Leduc!



# Day Program Report

“It is impossible for a man to learn what he thinks he already knows.” –**Epictetus**

As I was searching through different philosophical quotes, I suddenly stopped when this one jumped out at me. I thought to myself, “Well, that’s obvious”...But is it?

Are we always right 100% of the time?  
No. Do we know we’re not always right?  
Yes. How do we know when we’re right?  
**Why** do we know when we’re right? And why do we know when we’re not?

## **WEDNESDAY** December Lunch Snacks are:

- 🐾 December 5 – Cranberry Meatballs
- 🐾 December 12 – Pumpkin Butterscotch Gingerbread Trifle
- 🐾 December 19 – Far East Tuna Salad Noodle Bake
- 🐾 December 26 – LINX Office is Closed

# Residential Program Report

The sugar, the parties, the treats, the gifts with shiny paper, the music, it is just everywhere. For those we serve, Christmas can be sensory overload. Here are a few of my favourite ways to make it through December.

1. Make heat packs of rice, lavender, and cozy material. The making of the craft will take focus. The heat when you put them in the microwave will be soothing. The lavender is a scent that is calming.
2. Shovel some snow. This is called heavy work in the sensory world. Even though it is cold out make sure we are still getting enough physical activity.
3. Turn down the lights and turn on the fire place. If you do not have a fireplace there are also channels on tv that play a fire burning. Watching a fire is very calming for some people.
4. I always advocate for the use of music, however Christmas music can be over stimulating. Find Christmas songs that are low key.
5. Warm beverages. You can find sugar free recipes for hot chocolate or apple cider. A warm beverage is very comforting thing for me.
6. Add a flannel covered hot water bottle to people’s tool kits.

Please remember that all things do not work for every person. If someone does not like lavender, do not put lavender in his or her heat pack. If they are scared of fire, do not turn down the lights and have a relaxing fire evening. These are just some ideas to get you started. I would strategically plan some relaxing sensory down time through out the month.

## ***Mandt Moment...***

With the Holidays upon us this month, I want to remind everyone to keep their RADAR on and to put some thought into potential ways to support people when they are triggered in this joyous time of year.



## *Through our eyes...*

*By Business Manager Laurie Savill*

This month I had the pleasure of interviewing Jesse Loader of the Loader Real Estate Group. As most young teenagers who seriously play competitive hockey, Jesse did have dreams of being a professional hockey player. However, at the same time, he was developing an interest in real estate. After he graduated from high school at 18 years old, he purchased his first condo in Edmonton to live in while he pursued a post secondary education. He knew, even at this young age, that he could make his property work for him. He rented out his extra bedrooms which in turn paid for his mortgage. The real estate seed had been planted.

Jesse took Investigations Management in post-secondary school and then worked as a Private Investigator for about 6 years. Thoughts of Magnum P.I. and images of Tom Selleck immediately jumped into my head. Jesse quickly diffused my excitement by reassuring me the job was not that exciting or romantic. While he was more commonly following potential injury/insurance fraud cases, he was pursuing his real estate management on the side. In 2011 Jesse decided to get his Real Estate license and joined forces with a top producing realtor to begin his real estate career. In the first year he sold 48 houses which is huge in the real estate world. Jesse knew he had to work hard to succeed. So he did just that. Since that first year, Jesse's career has evolved from being on a team, to becoming a solo agent, to leading his own real estate team, made up of three family members: Brenda, Bill, and Amanda.

Jesse had not heard of LINX until we met at BNI. He was surprised to see what a diverse agency we are as reflected by the many different services we offer our clients. He sees that we are not a "hand holding" agency. But rather we educate and empower our clients.

As part of our Hearts and Heroes Dinner and Silent Auction on February 9, 2019, Jesse has generously donated a Certificate for a Free Listing to our Silent Auction. This means that Jesse will forfeit his seller's commission (buyer agent commission still applicable) on any property you want to sell. This certificate is also transferrable. For example, if I were to have the winning bid on this certificate, I could pass it over to my daughter when she decides to sell her property in Edmonton. If it sold for \$400,000, Jesse would be giving up his commission of \$8,000. And by his generosity LINX is the real winner. There is a twist to this.....THE BIDDING STARTS NOW!!!! 😊 I urge you to contact Jesse at [780-243-4430](tel:780-243-4430) or [jesse@loadergroup.com](mailto:jesse@loadergroup.com) to further discuss and he will answer any questions you may have. Please send your bid to me at [linxadmin@linxconnect.ca](mailto:linxadmin@linxconnect.ca). Please be sure to include your name and phone number. The winner will be announced at Hearts and Heroes in February. We are so grateful to Jesse for his generosity.

Jesse has worked hard and as a result has been consistently in the top 5% of all agents in the greater Edmonton area year after year. Selling and/or buying property is stressful in many ways. Wouldn't it be great to have someone like Jesse on your team? Be sure and give him a call.



# LINX Photography Classes

LINX 2019 Calendars!

Our Calanders are ready! Let us know it you are wanting yours!



Ask us about ordering Photography Prints! Support LINX & get some beautiful art! Does it get any better than that?

# Our "... of the month" club!

There are so many people who make our world a better place. So, we have decided they needed individual recognition. Please help us celebrate our Citizen of the Month, Residential Staff of the month, Staff of the Month, and Employer of the month. If you see someone in any of these categories that you would like to see recognized, please let us know!

## Citizen of the Month

**Noah Begg!** Welcome to LINX , Noah! Though Noah has only been with LINX for a few weeks, he has brought a noticeably calm and understanding presence to the program. He's already shown his strength in his ability to mentor others and is a fantastic team player!

## Day Staff of the Month

**Shelby Popowich!** Congratulations to Shelby for having been with LINX for over one year now! She's been a strong part of the team, and a keen learner toward the nuances of being a support worker. She continues to be a fantastic role model for both the clients and staff of LINX; even when the chips are down and the pressure's rising, Shelby's here with determination. Oh, and she's also helping to plan the LINX Christmas party, so there's that! Thank you, Shelby, for being such a great part of our team!

## Employer of the Month

**Flaman Sales & Rentals Nisku!** Flaman has been a long time employer of individuals accessing supports from LINX. Even through the slower economic times and the increases of minimum wage, Flaman has continued to support LINX clients in their employment. It's fair to say they understand that there's value in giving everybody a chance to access employment, beyond the numbers of a paycheck. Thank you, Flaman, for your immense support over the years!

## Residential Staff of the month

**Teena VanBoom!** She is a casual worker for every position that we have at LINX. She has helped the residential program by helping out with outreach until I could hire. She has continued to provide respite. She has been asked to write an ISP this year which she does not usually have to do. She is regularly able to help out at a moments notice. Thank you Teena! I am so glad that you are a part of the team.

# LINX Employers

Abaco	Co-op Grocery	Joe's Big City	No Frills	Silver Shears
Agapeland	Days Inn & Suites	Dogs	Notre Dame	Sobeys Beaumont
Best Western Plus	Dollarama	Kosmos	Petro Canada Nisku	Spence Corrosion
Black Gold Real Properties	Evolution Sports	Leduc Florists	Planeview Place	St. Paul's Anglican Church
Bone & Biscuit	Extencicare	Leduc Library	Ricky's All Day Grill	Staples
Boston Pizza	Flaman	McDonalds Leduc	Safeway	Subway Leduc
Canadian Tire	Gateway Family Church	McDonalds Sparrow	Salem Manor	Common
City of Leduc	Communications 2000	Nisku Inn	Salvation Army	Wal-Mart
			Second Glance	Zulu

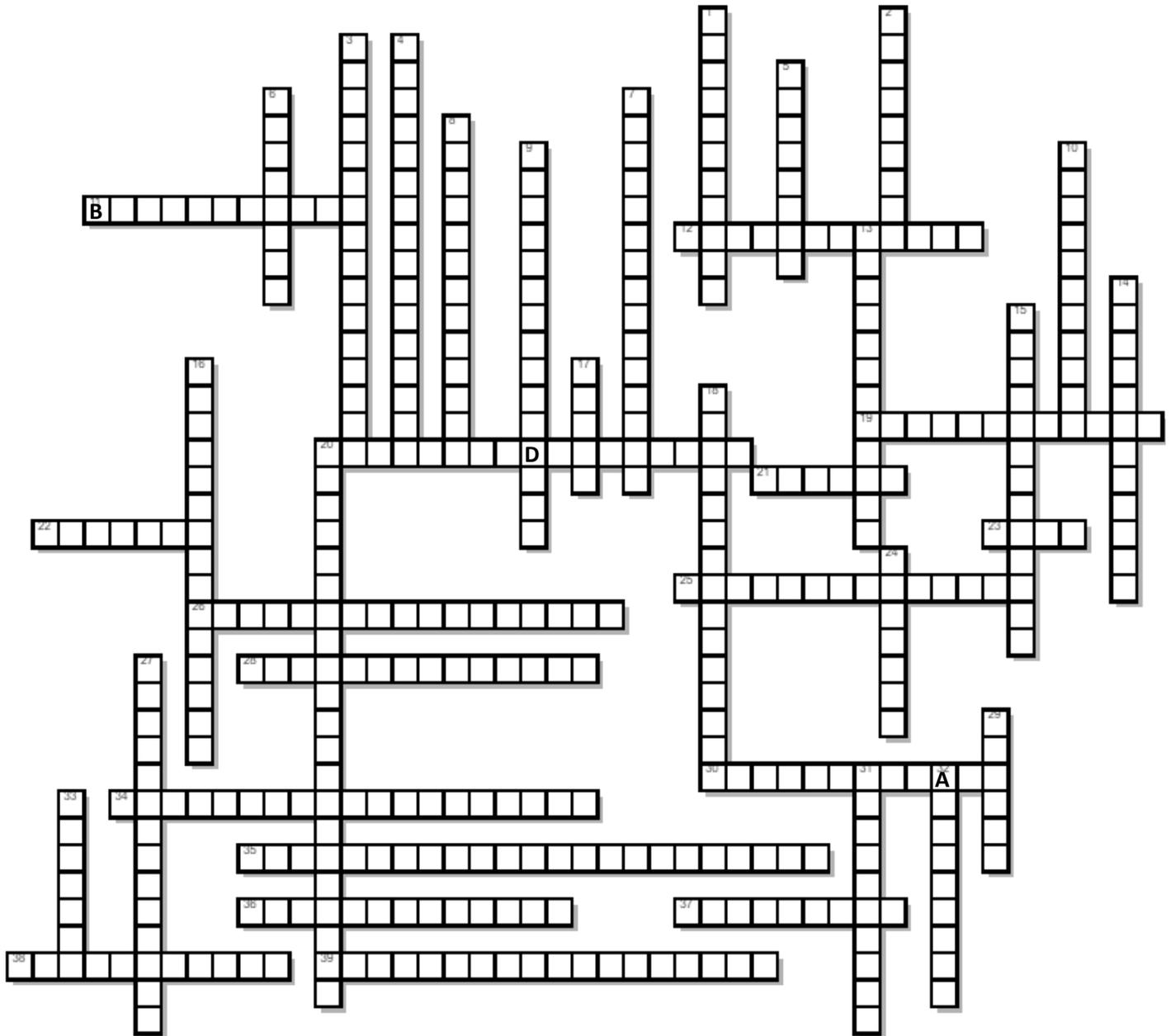
### Howie Mandel, OCD & ADHD -

In October 2008, Mandel revealed that he has attention deficit hyperactivity disorder (ADHD) on a morning talk show, adding that he is currently working to raise adult ADHD awareness among the general public, Mandel has written and published an in-depth autobiography which details his life with OCD, ADHD, and comedy called *Here's the Deal: Don't Touch Me*.

<https://www.disabled-world.com/disability/awareness/famous/>  
[https://en.wikipedia.org/wiki/Howie\\_Mandel](https://en.wikipedia.org/wiki/Howie_Mandel)



# LINX Employers



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|------------------------------|-------------------------|-----------------------|-------------------------|------------------------------|
| ☼ Abaco                      | ☼ Co-op Food            | ☼ Joe's Big City Dogs | ☼ Notre Dame            | ☼ Sobeyes Beaumont           |
| ☼ Agapeland                  | ☼ Days Inn & Suites     | ☼ Kosmos              | ☼ Petro Canada Nisku    | ☼ Spence Corrosion           |
| ☼ Best Western Plus          | ☼ Dollarama             | ☼ Leduc Florists      | ☼ Planeview Place       | ☼ St. Paul's Anglican Church |
| ☼ Black Gold Real Properties | ☼ Evolution Sports      | ☼ Leduc Library       | ☼ Ricky's All Day Grill | ☼ Staples                    |
| ☼ Bone & Biscuit             | ☼ Extencicare           | ☼ McDonalds Leduc     | ☼ Safeway               | ☼ Subway Leduc               |
| ☼ Boston Pizza               | ☼ Flaman                | ☼ McDonalds           | ☼ Salem Manor           | ☼ Common                     |
| ☼ Canadian Tire              | ☼ Gateway Family Church | ☼ Sparrow             | ☼ Salvation Army        | ☼ Wal-Mart                   |
| ☼ City of Leduc              |                         | ☼ Nisku Inn           | ☼ Second Glance         | ☼ Zulu                       |
| ☼ Communications 2000        |                         | ☼ No Frills           | ☼ Silver Shears         |                              |